

Golf Tournament Raises Funds For Children's Burn Camp

By Lianna Ostler

The IPSLC golf committee was excited to partner with the Professional Fire Fighters of Utah (PFFU) for this year's annual golf tournament at Talon's Cove. The golf committee thought it would be fun to change it up this year and give back to our local community by splitting the golf tournament funds with a charity. Each year, PFFU donates around \$15,000 to run the children's burn camp. Our local firefighters look for ways to raise these funds each year. We decided to split all sponsorship money with PFFU and then to give 100% of the proceeds from the raffle.

We were fortunate enough to have Mason Fackrell, a 5 year old burn survivor, join us for our lunch program. Mason was able to participate in this year's pre-school camp. Mason got to drive around the golf course with a firefighter selling raffle tickets to the foursomes. A huge thank you to Debbie Moore and Shauna Barton for getting all the raffle items, they did a phenomenal job wrapping and purchasing all the items. We also like to thank the golf committee and sponsors, without them, none of this would have been possible. The check will be presented on Friday, October 28th at Salt Lake City Fire Station 6 at 12:00 p.m. if any members would like to attend.

Golf Tournament Total: \$6,200.00
Burn Camp Donation: \$4,275.00
IPSLC Chapter Fundraiser: \$1,925.00

Here are messages from the Burn Camp Director and Professional Fire Fighter Union President:

In September the University of Utah Health Care Burn Camp Programs was graciously chosen to be the recipient of the profits from the Insurance Professionals of Salt Lake City Annual Golf Tournament. What a spectacular golf event! The support that we received will help to support young adolescent burn survivors while they recover from their trauma. Our camp programs rely heavily on sponsorship to help return our campers to more normal way of life.

- Brad Wiggins
Burn Camp Director

The IPSLC golf tournament was a great event in several ways. It was well organized by Lianna Ostler and her fellow committee members. This enabled them to attract a large participation base, which in turn insured positive fundraising results and quality golf, all while in good company. The Professional Fire Fighters of Utah main focus of involvement stems from our long standing cooperative with the University of Utah's Burn Camp. Our organization assists the Burn Camp's efforts by paying all receipted expenses towards the cost of their annual Burn Camp in Millcreek Canyon each year. All proceeds from this event that are directed to our organization will go directly to the Burn Camp. We thank the IPSLC, Talon Cove Golf Course, and the Fackrell family for making it such a great day.

-Jack Tidrow
PFFU President



Salt Lake City Union President Steve Hoffman, Brad Wiggins, Burn Camp Director Mason Fackrell & SLC Paramedic Kevin Kochevar



This year's Tournament was held at Talon's Cove Golf Course in Saratoga Springs on September 15, 2011

FOR MORE INFORMATION ON THE UNIVERSITY OF UTAH BURN CAMP, PLEASE VISIT: HEALTHCARE.UTAH.EDU/BURNCENTER/BURNCAMP

Did you know?

The Law Firm Richards Brandt made an additional \$1,000 donation after the golf tournament? Carrie Taylor was so impressed after the luncheon, she went back to her office and got the partners to make an additional donation to support IPSLC and the children's burn camp.

President's Message

Prepare to Engage!

This year's NAIW International, now doing business as International Association of Insurance Professionals (IAIP), Convention included Keynote Speaker, Venice "FlyGirl" Armor. During her powerful address, FlyGirl introduced the life strategy: "You HAVE permission to Engage... CLEARED HOT!"

"Prepare to Engage!" has enthusiastically become our call to action as the IPSLC Board, Committee Chairs, and members have identified and are implementing the following initiatives:

- *Safety* is this year's IPSLC theme, which will be presented in Salty Splash articles, meetings, and activities. It is the Association's goal to meet the criteria required to submit our application in 2012 to the Regional E.C. Smith Jr. Memorial Award for Safety Award.
- A *Communicate with Confidence* class will be held in September and October at the urging of our Regional Vice President, Kathleen Kerstenbeck, to send a candidate to the 2012 Region VIII Conference's *Communicate with Confidence* contest. Upon course completion, class members will participate in a Speak Off to be held in November. The Speak Off winner will then participate in the Regional contest. Course participants can apply this course toward the earning of either the CIP/CPIW/CPIM or DAE designations.
- AICPCU courses will be sponsored to help members earn an Institute designation.

IAIP's purpose is to promote education, skill development, leadership development, and networking among industry professionals. IPSLC is striving to bring these benefits to our members. We encourage all potential, current, and past members to take advantage of these benefits as we extend our call to action... *Prepare to Engage!*

In Fellowship,

Tracy Downey, ARM, AIS, CPIW
IPSLC President, 2011-2012



Committee Chairs

- **Parliamentarian:**
Ann Green, RHU, CPIW, DAE
- **Education:** Open
- **Legislation:** Open
- **Sunshine:**
Gayle Bird, CISR, CPIW
- **Golf Tournament:**
Lianna Ostler
- **Monthly Business Meetings:**
Marilyn Hunt, CIT
- **Nominating Committee:**
Debbie Moore, AIC, CPIW
- **Marketing:**
Lianna Ostler
- **Awards:**
Gayle Bird, CISR, CPIW
Becky Rogers
- **Safety:**
Cathy Hampton, CPCU, CIC, ARM, CRM,
AIC, CRIS, APA

Insurance Professionals of Salt Lake City

Salty Splashes

Fall 2011

UTAH COUNCIL MEETING SEPTEMBER 23RD AND 24TH HYATT PLACE

Heidi Willes, Utah Council Director, conducted a very informative and successful council meeting on September 23rd and 24th at the Hyatt Place in Salt Lake. Her theme, Growing Together, was very appropriate as IPSLC has several new members. Kathleen Kerstenbeck, ARM, CPIW, Region VIII Vice President was our special guest.

Congratulations to the following:

Jean Bluck, CISR, CPIW, DAE, Past RVP
Utah Council Director-Elect

Ann Green, RHU, CPIW, DAE
Delegate to Region VIII Nominating Committee

Gayle Bird, CISR, CPIW
Alternate to Region VIII Nominating Committee



Utah Council Luncheon
The Gateway, Salt Lake City
Lauri Oakden (Las Vegas Member), Maridee
Templin Taylor, Marilyn Hunt, Ann Green,
Debbie Moore, Lianna Ostler, Heidi Willes, and
Gayle Bird

Safety Article- Dehydration Information provided by: Moreton & Company

Water Loss

On average, adults lose almost 10 cups of water a day simply by sweating, breathing and going to the bathroom. Along with water, you also lose electrolytes, which are vital because they help maintain the balance of fluids in the body. When you become dehydrated, your body cannot function, possibly resulting in heat stroke or even death.

Symptoms

How do you know if you're dehydrated? You'll begin to experience one or more of the following symptoms:

- Excessive thirst
- Sleepiness or tiredness
- Dry mouth
- Muscle weakness
- Headache
- Dizziness or lightheadedness

If you start to notice these warning signs, do not ignore them!

Preventing Dehydration

The best defense against dehydration is prevention. That sounds easy enough – consume lots of fluids and foods high in water such as fruits and vegetables – but determining how much fluid can be complicated.

Unfortunately, determining appropriate water intake isn't an exact science, especially because so much depends on age, physical condition, activity level, location and body chemistry. The best overall approach is to make a conscious effort to stay hydrated, and continue drinking even if you don't feel thirsty.

Pace Yourself

During periods of heavy exertion, take frequent water breaks. Adjust your intake to match your activity level and working conditions to stay healthy and alert.

CONFIDENCE WHILE COMMUNICATING CLASS

This course will be co-taught by Marilyn Hunt, CIT and Ann Green, RHU, CPIW, DAE. We're excited to have 9 students signed up to participate. This is a 10 week course that we've condensed to 5 weeks. Stay tuned the local speak-off will be held at the regular meeting on November 15th.

Class Schedule:

Wednesday, October 12th
Wednesday, October 19th
Wednesday, October 26th
Wednesday, November 2nd

Insurance Professionals of Salt Lake City

Salty Splashes

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IAIP (International) serves its members by providing professional education, an environment in which to build business alliances and the opportunity to make connections with people in different career paths in the insurance and risk management industries.

2011 Business Meeting Schedule:

Tuesday, October 18th- Safety Speaker
Tuesday, November 15th- Speak Off
Tuesday, December 13th- Holiday Party

Meetings for 2011 will be held at 5:30 p.m. at
UBIC
10150 South Centennial Parkway, Suite 100
Sandy, Utah 84070

*Catered dinner will be provided, \$15 per person
Please RSVP to Heidi Willes: HeidiW@trustcoinc.com



The Insurance Professionals of Salt Lake City publishes quarterly newsletters for its members. If you would like to receive a copy, Please email: Lianna.Ostler@utdk.com